

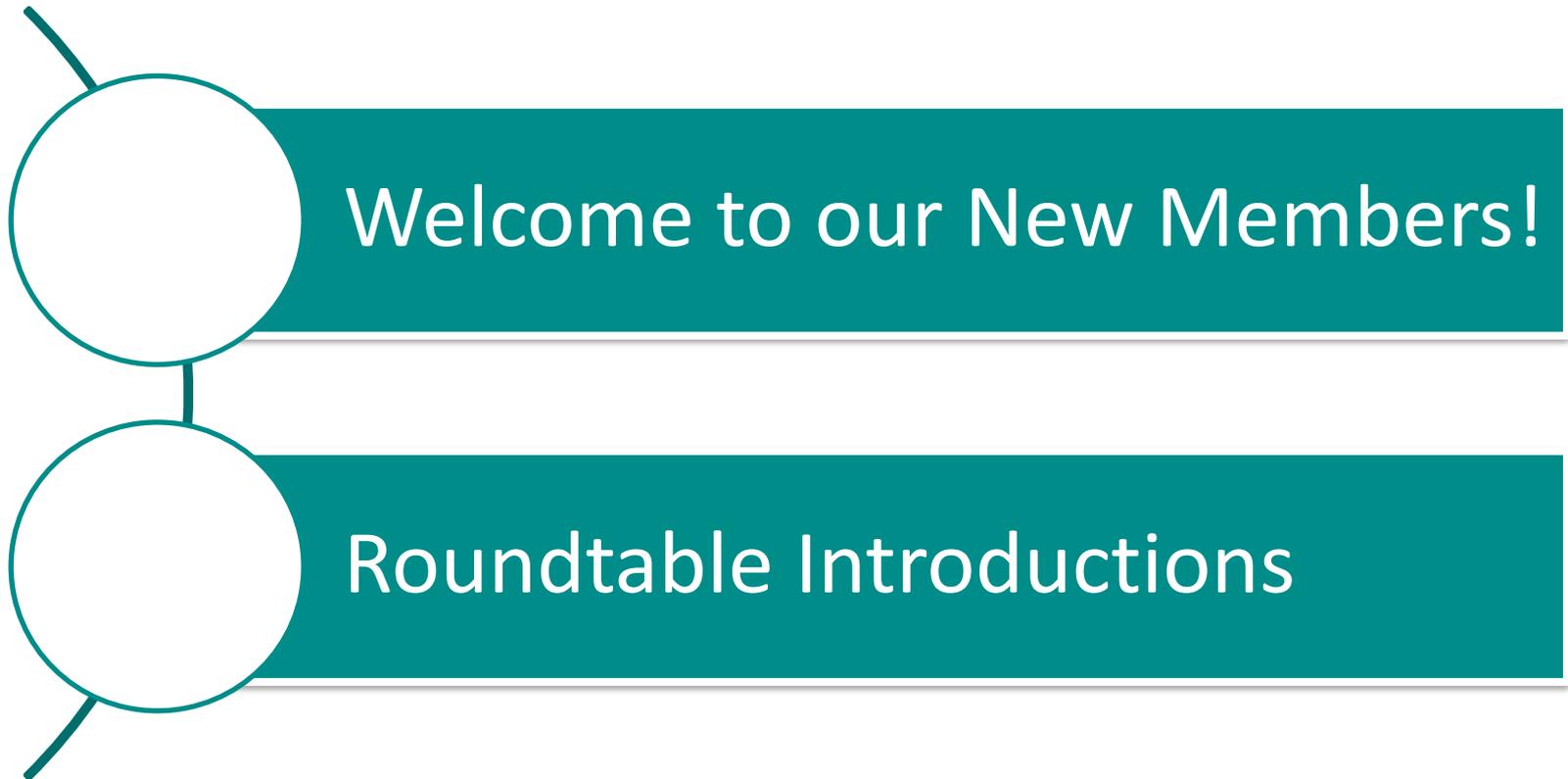


WINDSOR-ESSEX
COMMUNITY
**OPIOID &
SUBSTANCE**
STRATEGY

WECOSS Leadership Committee Meeting

*Monday, September 23rd from
1:00 p.m. – 3:00 p.m.*

Welcome and Introductions (Co-Chairs)



Standing Items & Consent Agenda (Co-Chairs)

Recap of Action Items from June 17th Meeting

Action Item:

WECOSS Leadership Committee Partnership Evaluation

Please complete the partnership evaluation survey, if you haven't already! There are three options for accessing the survey:

1. Click on the link at the bottom of the meeting agenda:
<https://survey.wechu.org/index.php/378722?lang=en>
2. Scan the QR Code at the bottom of the meeting agenda:



3. Find a paper copy of the survey in your agenda package.

Approval of Agenda and Minutes (Co-Chairs)

- ❖ Any changes needed to the June 17th meeting minutes?
- ❖ Any other items to add or change on today's agenda?

Approval of Agenda and Minutes

Meeting Objectives (Co-Chairs)



Review 2024 project progress



Recap and provide updates on action items
from Opioid Alert Response Meeting on
July 8th



Determine 2025 priorities

Business Arising

SafePoint Update

&

*Homelessness and Addiction Recovery
Treatment (HART) Hubs Update*

(E. Nadalin & P. Kolowicz)

Working Group and Sub-Committee Updates

Harm Reduction (M. Brennan/A. Erickson)

2024 Project: *Community Overdose Prevention Training Events*

- ❖ **Purpose:** To provide community members with naloxone kits and training and other overdose response/prevention education and resources.
- ❖ **Six** community overdose prevention training **events** held from **March to August**.
- ❖ Events have been held with the **public, staff at community agencies, and downtown businesses/agencies**.
- ❖ **114 naloxone kits** distributed, **106 individuals trained** on naloxone administration, and **260 fentanyl test strips** distributed at events to date.
- ❖ Next event scheduled with **construction workers** for **Tuesday, November 19th** at the Safety Village (WECHU, CMHA-WECEB, Windsor-Essex Labour Management Committee).

Working Group and Sub-Committee Updates

Prevention & Education (J. Bradt/K. Willis)

2024 Project: *Continuous Communication Campaign*

- ❖ **Purpose:** To promote shared messaging about substance use and the WECOSS across the community.
- ❖ **Continuous communication toolkit** and **social media calendar** shared with WECOSS membership.
- ❖ **15 campaign messages** posted on WECHU social media channels over June to August, with **19,460** reaches on Facebook.
- ❖ Additional **social media campaigning** scheduled for **September** and **November**.
- ❖ **In-transit bus advertisements** and **Google display advertisements** planned for the Fall and will encourage community members to subscribe to WECOSS alerts.

Working Group and Sub-Committee Updates

Treatment & Recovery (E. Dulmage/J. Lear-Zylstra)

2024 Project: *WEC Connect Program & Service Inventory*

- ❖ **Purpose:** To create a **locally-developed online program and service inventory** that can support **system navigation and service access** until coordinated access models become available. Target audience is **people who use substances and their loved ones**.
- ❖ The **WEC Connect Online Inventory** was developed on WECOSS.ca and includes substance use, mental health, and behavioural addiction services at the local, provincial, and national levels (publicly and privately funded).
- ❖ **Pilot study** for the inventory was completed over the Summer of 2024 with the **WE-OHT Patient, Family, and Caregiver Partnership Council**.
- ❖ Feedback was used to **generate recommendations** on how to improve the **efficacy, impact, and usefulness** of the inventory prior to its public release.
- ❖ **Promotional materials** and a **sustainment strategy** will be developed, with the goal of launching the inventory before **year-end**.

Working Group and Sub-Committee Updates

Enforcement & Justice (J. Rafuse)

2024 Project: *Substance Use in Corrections Workshops*

- ❖ **Purpose:** To support successful reintegration of justice-involved individuals who use/d substances back into their communities through education to corrections officers, post-secondary students, and service providers.
- ❖ **Two** substance use in corrections **workshops** offered to date:
 - ❖ **South-Essex Community Council (April 12th)**
 - ❖ **Southwest Detention Centre (June 20th)**
- ❖ In total, **65 individuals participated** in one of the two workshops.
- ❖ **75%** of evaluation respondents across both sessions stated that they had **increased confidence** to support people who use substances following their session.
- ❖ Next workshop scheduled for **September 27th** with **Police Foundations** students at **St. Clair College**.
- ❖ Planning final session with **Social Work** students at the **University of Windsor**, tentatively for **November**.

SSNAPP Update

(C. Damphouse, S. Gill, & M. Oake)



ssnapp

Substance Supports.
Neighbourhood Resources.
Community Partnerships.

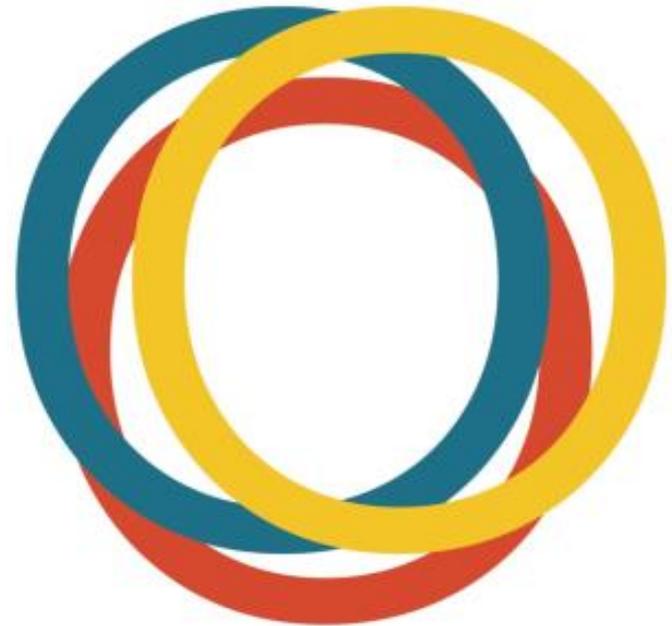


Neighbourhood Safety Plans

- *Presented by the Substance Supports in Neighbourhoods Accessed Through Police Partnerships (SSNAPP) Team*

Introduction

- Overview of SSNAPP
 - 3 Year Community Safety and Policing Grant (April 2022 – March 2025)
- Purpose: Introduce SSNAPP Neighbourhood Safety Plans
 - Tailored guides designed to enhance the safety and security of high-priority neighbourhood areas.
- Agenda:
 - Goals and Objectives
 - Project Achievements
 - Development of Neighbourhood Safety Plans
 - Key Findings from Community Engagement
 - Distribution & Evaluation



SSNAPP Goals & Objectives

Goals of SSNAPP:

1. Strengthen Community Safety and Well-Being
2. Address Opioid and Substance Use Related Crime
3. Increase Frequency of Preventative Care and Early Interventions
4. Improve Awareness of Existing Mental Health and Substance Use Services
5. Improve the Safety and Effectiveness of Emergency Response to Those in Crisis

Objectives of SSNAPP:

1. **Establish Neighbourhood Safety Plans for high priority areas related to opioid use and overdose.**
2. Develop a promotional campaign for available services, GSDOA, stigma, and police as a community resource.
3. Provide reciprocal education and training opportunities for the community and constables working in identified high priority areas.
4. Create a safe and effective emergency response for WPS services responding to a substance use crisis.
5. Build in data tracking practices and obtain data support for tracking success in project outputs.

Project Achievements

- **Education:** Provided education through non-traditional and traditional media outlets and through Downtown Windsor Community Collaborative (DWCC) park events attended by over 500 residents.
 - 82% of survey participants from the events reported improved awareness of available supports.
- **Engagement:** Developed Neighbourhood Safety Plans for four high-priority neighbourhoods focused on substance use, providing residents, community members, and businesses with clear guidance on how to respond to a variety of situations.
- **Training:** Facilitated 27 training sessions for local service providers, including training on de-escalation, addictions and mental health, motivational interviewing, naloxone and overdose prevention, and complex trauma training.
 - 89% of participants felt better prepared to support individuals experiencing complex trauma.



Nurse and Police Team

Statistics from January 1 to September 19, 2024

Total Overview

Call For Service

1652

Substance or Mental
Health Calls

1032

Substance or Mental
Health Attended
Independently (No WPS/...

342

MHA Apprehensions

163

Persons Diverted From
Emergency

553

Service Providers

Referral Substance/Mental
Health Service Providers

377

Social Service Providers

357

Medical Resources

Naloxone Kits Distributed

192

Doses of Naloxone Spray
Distributed

46

Medical Resources

Individuals Trained to
Administer Naloxone

116

Overdoses/Naloxone
Administered

34

Fentanyl Test Strips
Distributed

124

Substance Related
Wounds Addressed

124

Number of Time
Medication Administered

48

Why Neighbourhood Safety Plans?



- Clear instruction for managing safety concerns, accessing resources, and emergency response.
- In alignment with the **Windsor-Essex Regional Community Safety & Well-Being (CSWB) Plan**, the **Windsor-Essex County Opioid & Substance Strategy (WECOSS)**, and SSNAPP Goals and Objectives.
- ❖ Community Safety & Well-Being Plan:
 - Goal #4: Promote safe, healthy, and connected neighbourhoods and communities.
 - Goal #6: Safe and effective emergency response to those in crisis.
- ❖ WECOSS Enforcement & Justice Working Group:
 - Enhance access to services and supports.
 - Increase coordination between law enforcement and health services.



Why N9A, N8X, N8Y & N8W?



Identified as high-priority areas for substance use

According to local data, these postal code areas include the highest rates of opioid-related deaths in Windsor and Essex County

2018-2021:

- Over 30 deaths per year in N9A
- 21-30 deaths per year in N8X, N8Y, and N8W

Source: Public Health Ontario (2024)



Downtown core identified amongst Windsor Police Service and community partners as priority



Community Engagement Activities

- **9 focus groups** with community organizations and businesses across Windsor-Essex region.
 - BIAs
 - Large Employers
 - Mental Health & Substance Use
 - Housing
 - Women & Children
 - Emergency Medical Services
 - Multicultural Groups
 - Broader Community Groups
 - Motels/Hotels
- **442 community survey responses** across N9A, N8W, N8X, and N8Y neighbourhoods.
 - N9A: 41.81%
 - N8X: 13.11%
 - N8Y: 28.69%
 - N8W: 16.39%



Key Findings

Theme 1: Training and Education

- Anti-stigma language, resources around mental health, addiction and substance use, and information on Naloxone.
- Clarification between 911, 211 and 311.

Theme 2: Common Situations

- 98% of survey respondents reported mental health and substance use is the most pressing situation in Windsor.
- Others included harassment, homelessness, discrimination, vandalism, and other conflicts.

Key Findings

Theme 3: Tailored Resources

- Tailored resources for vulnerable groups, including youth, women and men, and international subgroups.
- Translated resources would be extremely beneficial to international subgroups.

Theme 4: Delivery of Safety Plans

- Distributed to existing networks in Windsor (businesses in Windsor, frequent gathering sites, supported by BIAs) with attached communication.
- History of community engagement and feedback sessions leading to no change.

Postal Code Area

Tailored Information

N9A –
Downtown Windsor

Opioids, domestic violence, services for Indigenous Peoples and 2SLGBTQIA+ Community, and public urination

N8X –
South Central Windsor

Theft and trespassing

N8Y –
Walkerville and East Windsor

Crime Prevention Through Environmental Design 'CPTED', property safety, and road safety

N8W –
South Walkerville

Road safety, auto burglary, and services for seniors

Downtown Windsor

We are so much **more** when we work together.

Neighbourhood Safety Plan

Your go-to guide for neighbourhood safety and accessing essential resources, whether you live, learn, work, or play in the N9A area.

Developed in partnership through the Substance Supports in Neighbourhoods Accessed through Police Partnerships 'SSNAPP' initiative.

This resource is based on information gathered from residents, businesses, and local organizations in June of 2024. Information may be subject to change.

To access all Neighbourhood Safety Plans, visit www.ssnapp.ca

Walkerville & East Windsor

We are so much **more** when we work together.

Neighbourhood Safety Plan

Your go-to guide for neighbourhood safety and accessing essential resources, whether you live, learn, work, or play in the NEA area.

Developed in partnership through the Substance Supports in Neighbourhoods Accessed through Police Partnerships 'SSNAPP' initiative.

This resource is based on information gathered from residents, businesses, and local organizations in June of 2024. Information may be subject to change.

To access all Neighbourhood Safety Plans, visit www.ssnapp.ca

South Walkerville

We are so much **more** when we work together.

Neighbourhood Safety Plan

Your go-to guide for neighbourhood safety and accessing essential resources, whether you live, learn, work, or play in the NEA area.

Developed in partnership through the Substance Supports in Neighbourhoods Accessed through Police Partnerships 'SSNAPP' initiative.

This resource is based on information gathered from residents, businesses, and local organizations in June of 2024. Information may be subject to change.

To access all Neighbourhood Safety Plans, visit www.ssnapp.ca

South Central Windsor

We are so much **more** when we work together.

Neighbourhood Safety Plan

Your go-to guide for neighbourhood safety and accessing essential resources, whether you live, learn, work, or play in the NEA area.

Developed in partnership through the Substance Supports in Neighbourhoods Accessed through Police Partnerships 'SSNAPP' initiative.

This resource is based on information gathered from residents, businesses, and local organizations in June of 2024. Information may be subject to change.

To access all Neighbourhood Safety Plans, visit www.ssnapp.ca



Mental Health Crisis

Who Do I Call?

A Bystander's Blueprint

- 911** Call 911 for emergencies needing police, fire, or ambulance help or if there is immediate threat to life or bodily harm, violence, weapons, or a medical emergency. ☎ Available 24/7
- 311** Call 311 for city information, requests about municipal programs, and non-emergency services including parks and recreation, street issues, needle disposal, and more.
Text: 311
Email: 311@citywindsor.ca
Online: www.311online.ca
App: download 'Windsor 311'
- 211** Call 211 for help with programs and services in your area, including mental health, housing, and employment. ☎ Available 24/7
Email: info@211southwestontario.ca
Online: www.211southwest.ca
- Windsor Police Service Non-Emergency Line**
Call 519-258-6111 for non-emergency police help or to file a report.
For example, filing a noise complaint either by phone or online.
Email: info@windsorpolice.ca
Online: www.windsorpolice.ca
- Windsor and Essex County Crime Stoppers**
Call 519-258-8477 to report a crime or leave a tip anonymously.

Disclaimer: This Neighbourhood Safety Plan is designed for residents in Windsor, Ontario to provide general guidelines, support strategies, and information to help promote a safer community environment. The recommendations and strategies are provided as general guidance and may not be suitable for every individual or situation. The creators of this Neighbourhood Safety Plan do not guarantee the effectiveness of it or any of its components and are not responsible for any outcomes or consequences resulting from its use. These materials are intended for informational purposes only and is not a substitute for professional medical, psychological, or legal advice. In the event of an emergency, call 911 immediately.

What Can I Do?

Encountering Someone Experiencing a Mental Health Crisis

SIGNS The person might be upset, confused, or talking to themselves. They could be pacing, crying, or showing signs of distress.

ACTIONS ⚠️ Ensure Your Safety First. Stay Calm, Keep a Safe Distance, or Walk Away if You Feel Unsafe.

📞 Call 911 if There's Immediate Danger.

If You Feel Safe and Comfortable to Help, Consider These Steps:

- 1 Listen to the Person and Show You Care.
"I can see that this is really hard for you."
- 2 Offer Support, Not Solutions.
"It's OK to feel this way. Let's find a way through it together."
- 3 Use Non-Threatening Body Language.
Face them and nod to show you're listening.
- 4 Use Non-Stigmatizing Language.
Stigma can shape opinions and stop people from getting help. "What you're going through is real and important" is a good way to avoid blame.
- 5 Call 911 if There Are Safety Risks to the Person or Others, or Threats of Self-Harm or Harm to Others.
- 6 Share Information About Local Mental Health Resources, Available on Page 11.
- 7 Follow Up with the Person if Possible.

Call 911 or go to your nearest emergency department if you're facing immediate safety risks or feel like you're a threat to yourself or others. Available 24/7.

Non-Emergency? Call the Windsor Crisis Response Team (CRT) at 519-255-6700 ext. 4203 to help people presenting symptoms of mental illness, substance use, behavioural disorders, or people in acute crisis situations within the City of Windsor.



For Immediate Mental Health Support:

Call Community Crisis Services at 519-973-4435.

☎ Available 24/7

Call or text the Suicide Crisis Helpline at 988.

☎ Available 24/7

Visit the Mental Health and Addictions Urgent Crisis Centre at 1030 Ouellette. 519-257-5111 ext. 77968.



Distribution

Direct Distribution

- BIAs
- City Councillors
- WECOSS Membership (PDF, hard-copy by request)
- Direct to businesses, community centres, public libraries, etc.

Promotional Distribution

- Social Media
- Transit Ads
- Media Launch

Will be made available online at www.ssnapp.ca in English, Arabic, Spanish and French

Evaluation

Online Feedback Survey – Measuring the effectiveness and usefulness of Neighbourhood Safety Plans

- Will be made available on www.ssnapp.ca
- Will be made available in Arabic, Spanish and French



Thank you! Questions?



Vacant Working Group Co-Chair Positions

(E. Nadalin & P. Kolowicz)

New Business

*Recap and Updates on Action Items from Opioid Alert
Response Meeting on July 8th*

(J. Bradt)

New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

- ❖ The WECOSS issued **five opioid alerts** over the months of June and July.
- ❖ In response to these increases, the WECOSS-LC organized an emergency meeting on **July 8th** to discuss potential **short-term interventions** that could be implemented to help slow the rise in overdose numbers locally.
- ❖ **Multiple interventions** were identified and actioned in the weeks and months following the meeting.

New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

Updates on Action Items from July 8th Meeting

WECOSS Alert Modifications

- Added community submission form to WECOSS.ca
- Added link to WECOSS Statistics page and information about the National Overdose Response Service (NORS) to alerts
- Updated alert criteria

Enhanced Services & Supports

- Held additional naloxone training event on July 25th in Glengarry
- Met with local shelters to identify needs and strategies to support
- Coordinated a meeting with local street/outreach services to support connections and information-sharing

Promote Existing Care Pathways

- Promoted the NORS on WECOSS.ca, social media, and at naloxone training events
- Provided LC members with key contacts at HDGH for referrals to withdrawal management services
- Hospitals to assess opportunities to connect clients to follow-up care close to the ED post-overdose

Enhanced Surveillance & Monitoring

- Assessing potential data-sharing opportunities regarding locations of opioid overdoses to support additions to the alert system
- Hospitals to assess opportunities to generate reports on frequent ED visitors for opioid overdose to support appropriate follow-up care

New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

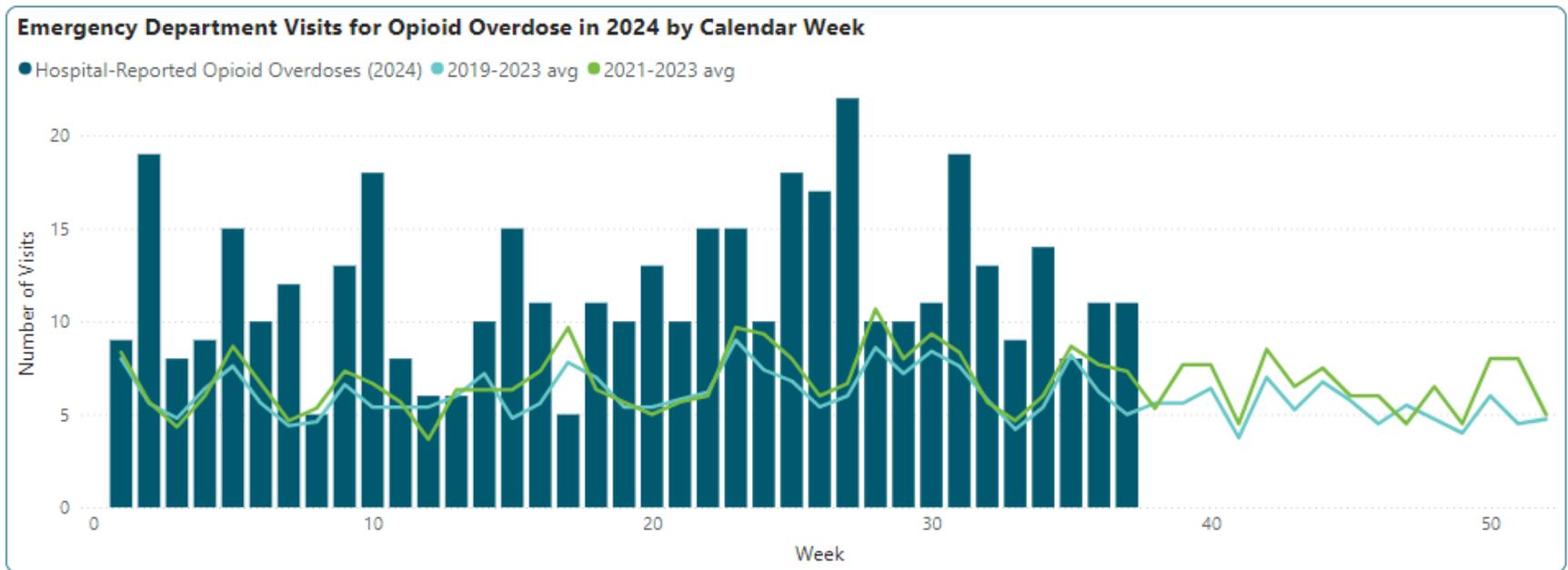
Updated Criteria for Opioid and Substance Use Notification System (OSUNS) Alerts

| Previous Criteria | New Criteria |
|---|--|
| <ul style="list-style-type: none">• The number of opioid overdoses reported by hospitals must exceed the Mean + 2 SD mark for the overall average across all weeks for both the three-year and five-year averages for opioid overdoses in the ED, as reported by the Ministry of Health (MOH).• The number of opioid overdoses in the ED reported by hospitals must exceed the Mean + 2 SD mark for the specific week being considered for the alert for either the three-year average or the five-year average. | <ul style="list-style-type: none">• The number of opioid overdoses reported by hospitals for the week in question must exceed the Mean + 2 SD for the previous 7 weeks.• The number of opioid overdoses in the ED reported by hospitals must exceed the Mean + 2 SD mark for the overall average across all weeks for the three-year historical average for opioid overdoses in the ED.• The number of opioid overdoses in the ED reported by hospitals must exceed the Mean + 2 SD mark for the specific week being considered for the alert for the three-year historical average. |

New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

2024 Snapshot of OSUNS Emergency Department Data (WECOSS Data Dashboard)

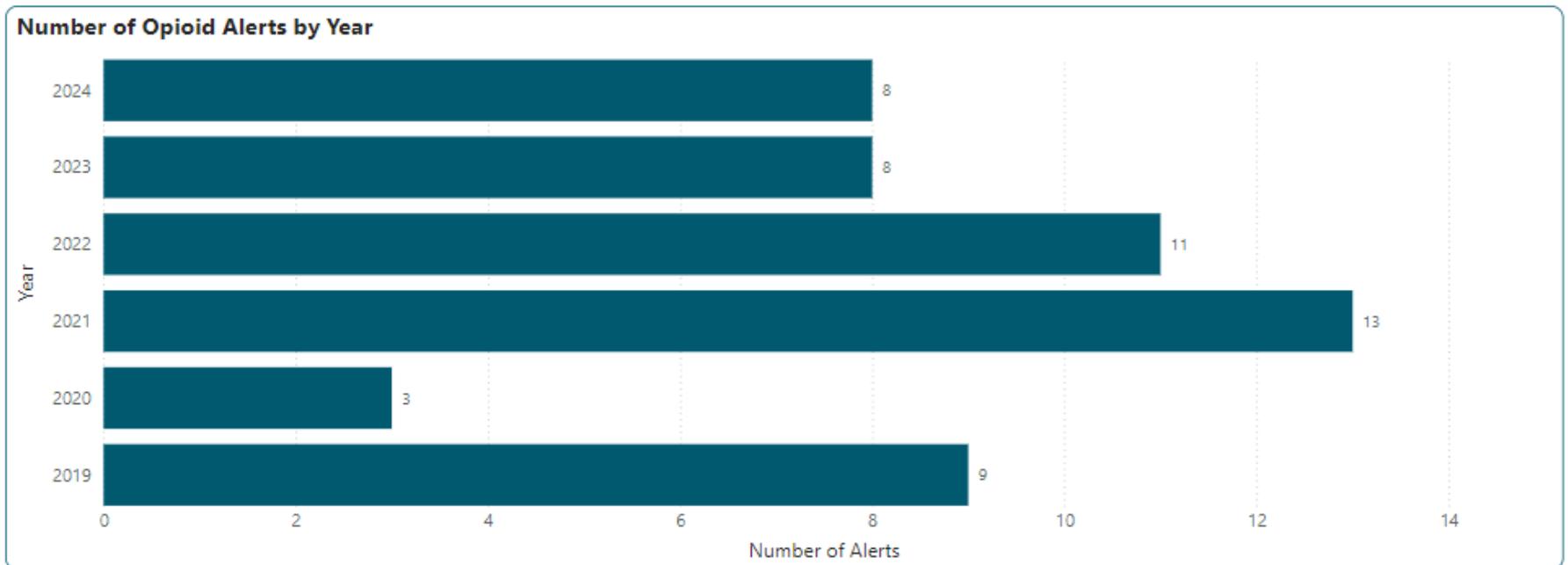


* 2024 data reflects the number of opioid overdoses reported directly by local hospitals. Prior to 2024, Ministry of Health (MOH) data was used for number of of opioid overdoses in the ED and is reflected in the trend lines above. Because the cyberattack precluded collecting data from week 41 forward in 2023, the five-year average for 2019-2023 used only 2019-2022 for weeks 41 forward, and the three-year average for 2021-2023 used only 2021-2022 for weeks 41 forward.

New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

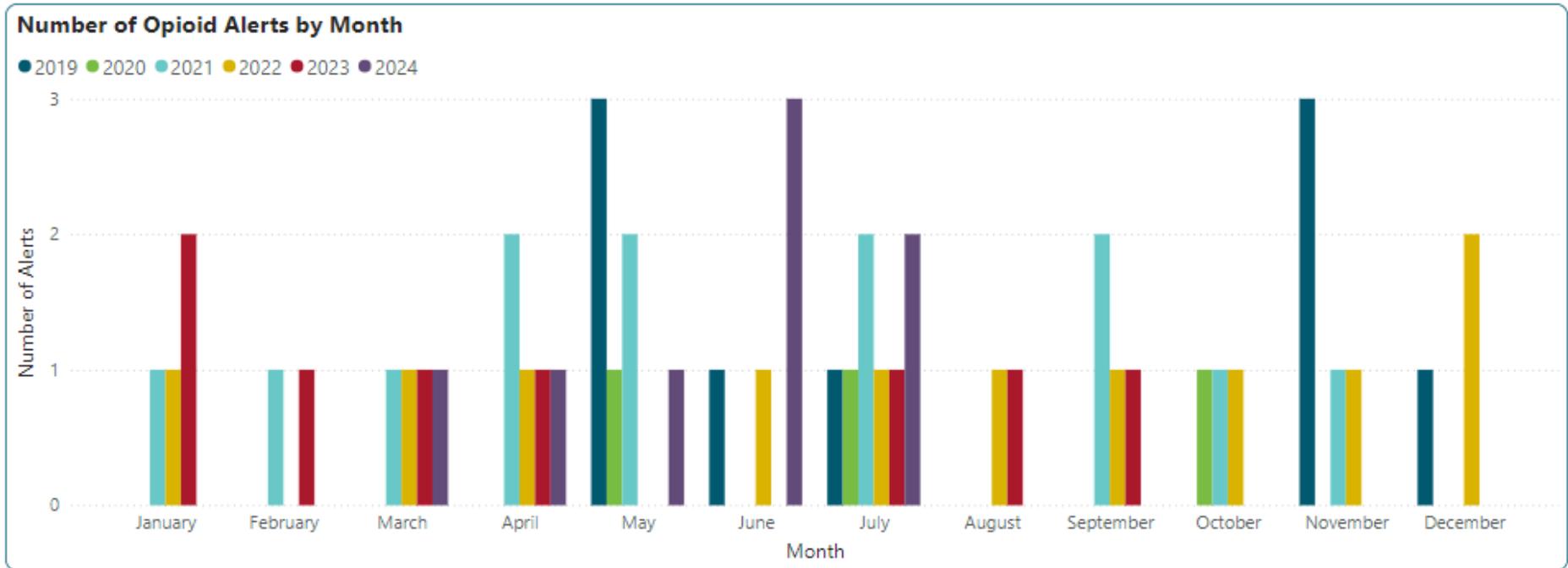
Opioid Alerts Issued by Year (WECOSS Data Dashboard)



New Business

Recap and Updates on Action Items from Opioid Alert Response Meeting on July 8th (J. Bradt)

Opioid Alerts Issued by Month (WECOSS Data Dashboard)

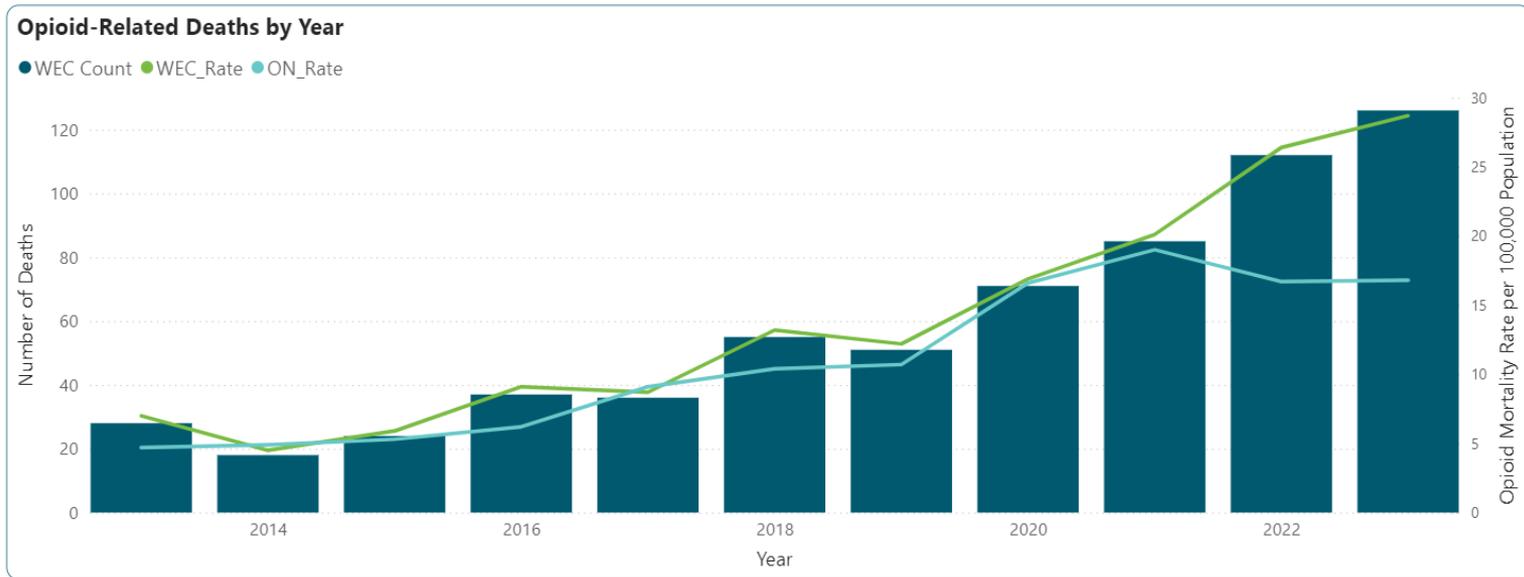


New Business

2025 Priorities (Co-Chairs)

New Business

2025 Priorities – Data Dashboard Review

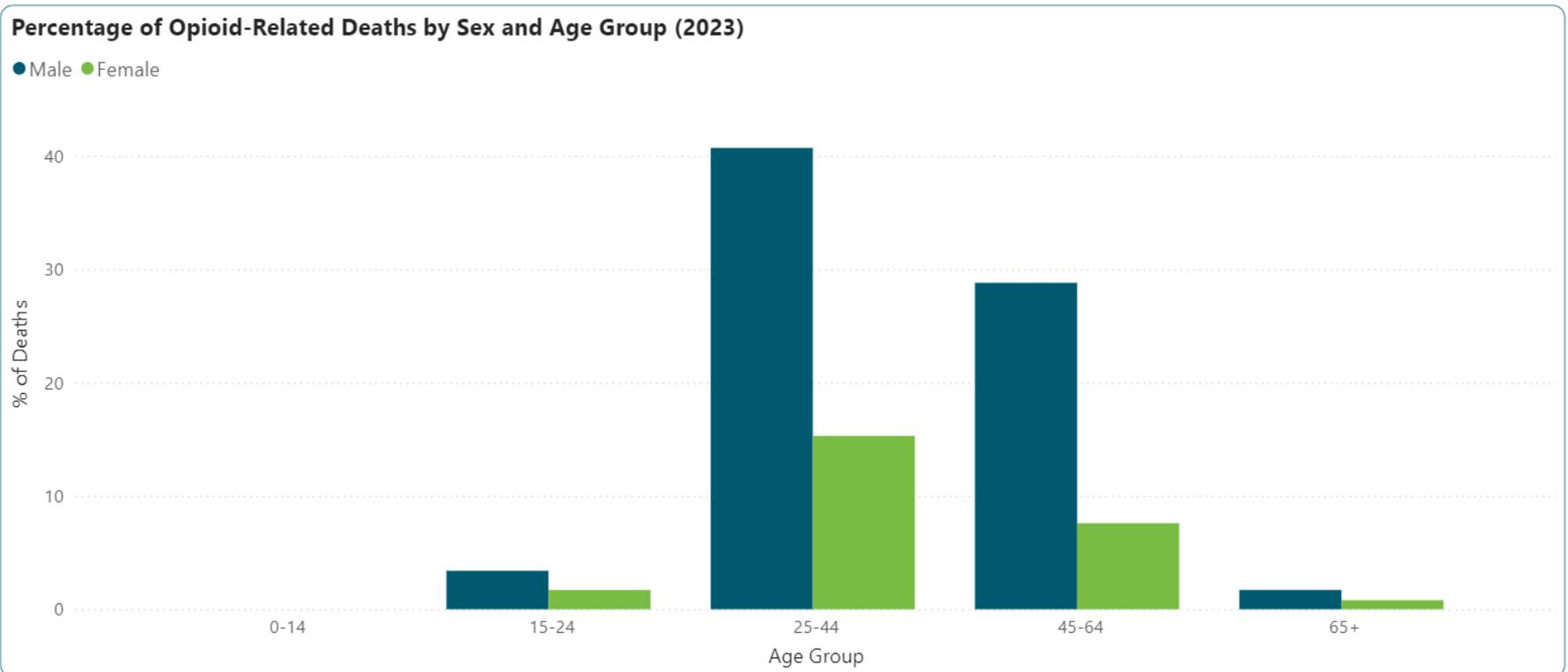


Opioid-Related Deaths by Manner of Death (2023)

| Quarter | Accidental | Suicide | Undetermined | Natural |
|--------------|------------|----------|--------------|----------|
| 1 | 27 | 0 | 1 | 0 |
| 2 | 33 | 3 | 1 | 0 |
| 3 | 29 | 0 | 0 | 0 |
| 4 | 15 | 2 | 0 | 1 |
| Total | 104 | 5 | 2 | 1 |

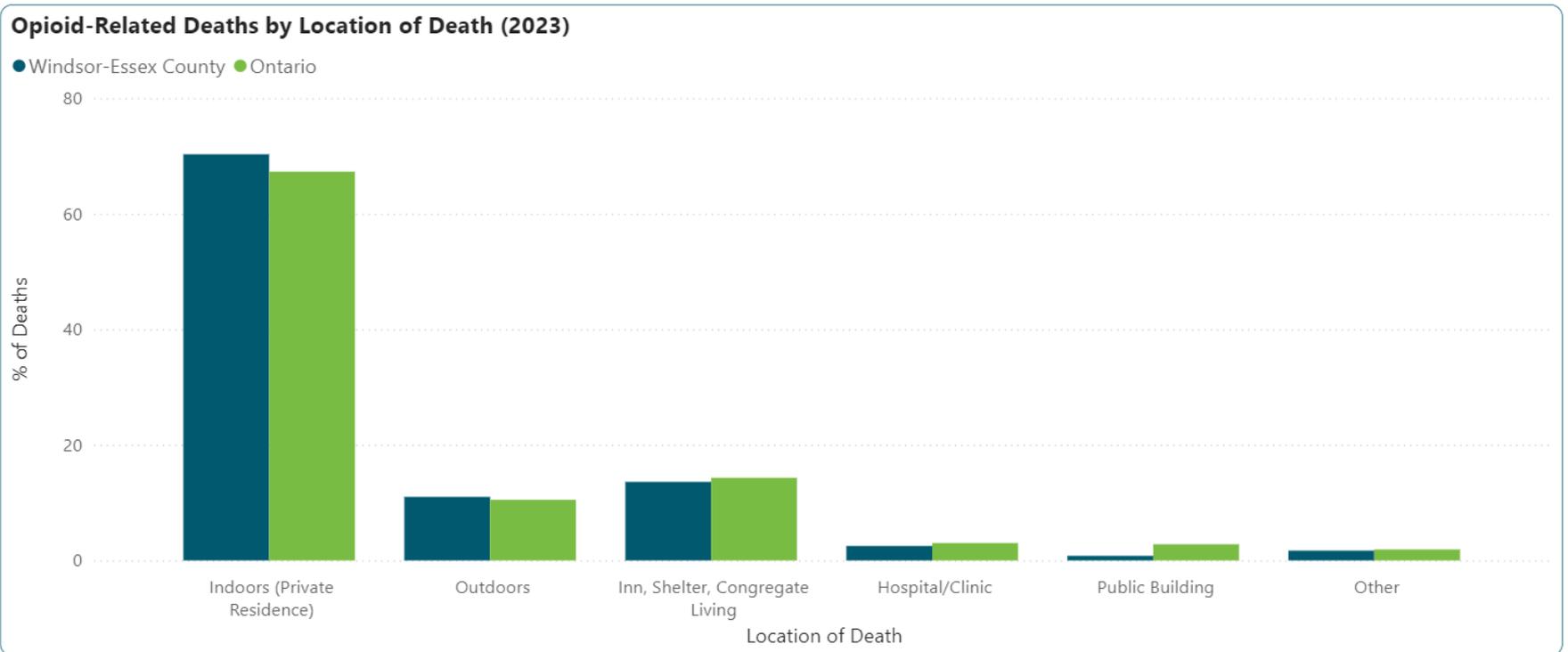
New Business

2025 Priorities – Data Dashboard Review



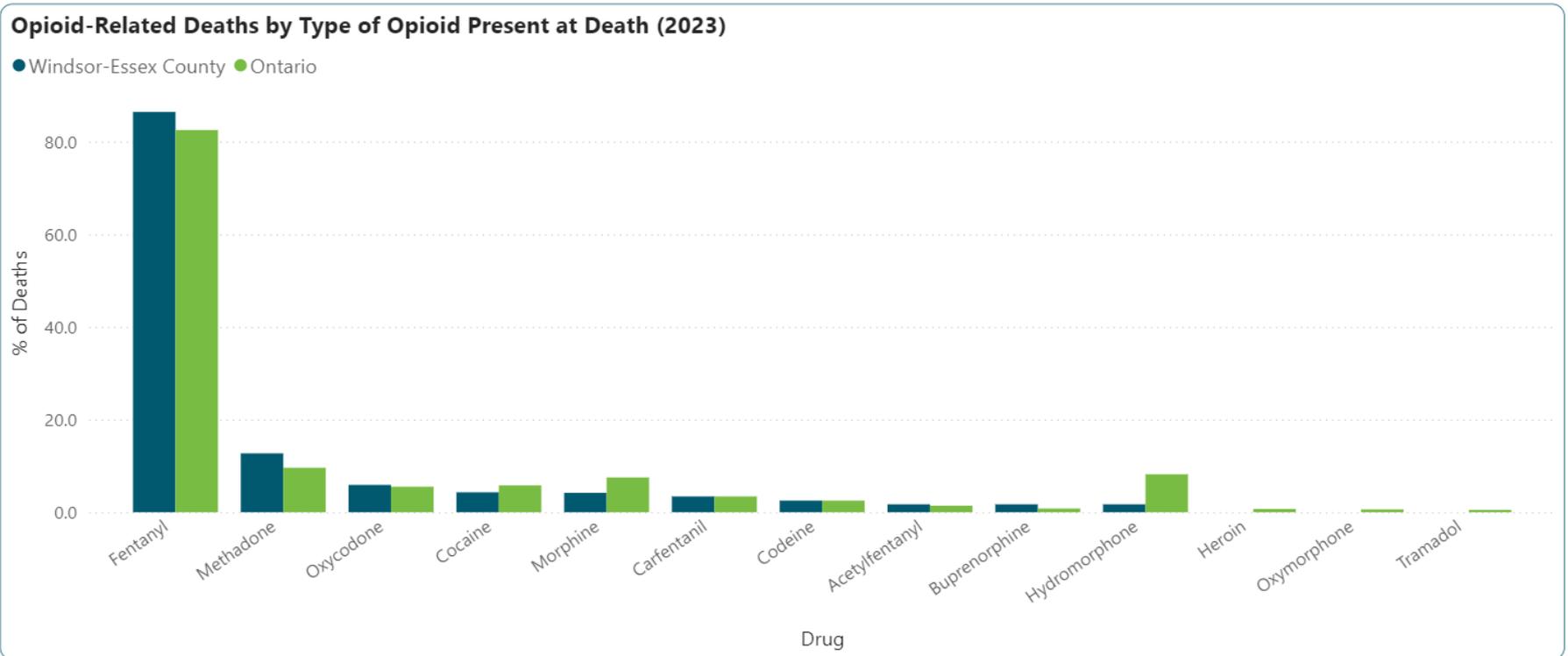
New Business

2025 Priorities – Data Dashboard Review



New Business

2025 Priorities – Data Dashboard Review

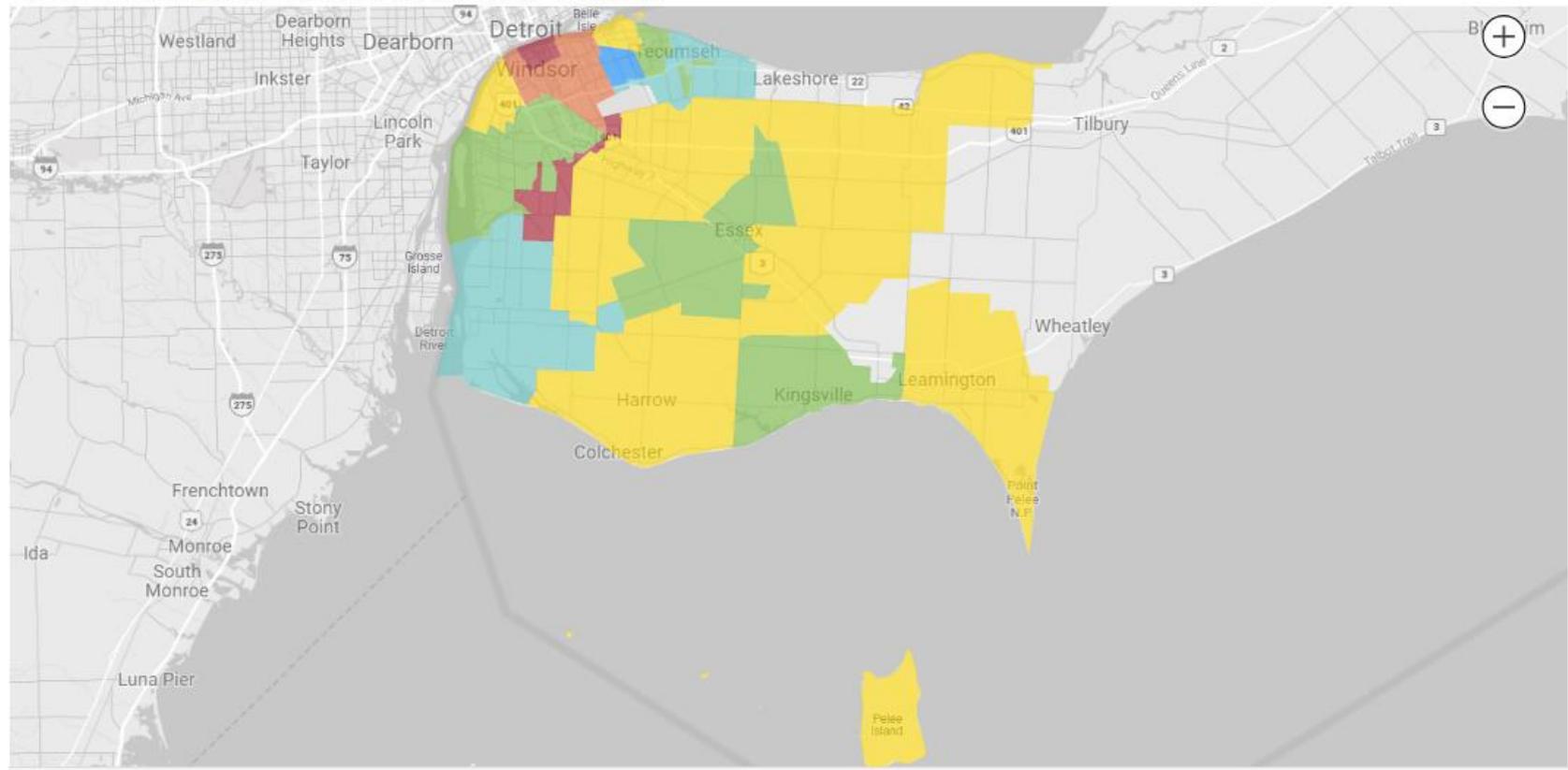


New Business

2025 Priorities – Data Dashboard Review

Number of Opioid-Related Deaths by FSA (2020-2023)

Number of Deaths ● 00-04 ● 05-07 ● 11-20 ● 21-30 ● 8-10 ● over 30



New Business

2025 Priorities (Co-Chairs)

Discussion Questions

1. What community needs, gaps, or priorities are you seeing through your work when it comes to substance use? Where might the WECOSS focus its efforts in 2025?
2. What kinds of interventions might be needed to address these issues?

Community Partner Updates (All)

In Closing

- ❖ Summarize **next steps** and **action items** from today's meeting
- ❖ Meeting **wrap-up and adjournment**
- ❖ Next meeting scheduled for **Monday, December 9th from 1:00 p.m. – 3:00 p.m. via Microsoft Teams**
- ❖ A friendly reminder to **please complete the partnership evaluation survey**, if you haven't already!