

## Treatment & Recovery Working Group Meeting

Monday, April 22, 2024 1:30 p.m. – 3:30 p.m.

Via Microsoft Teams

**Present:** Anastasia Adams (Welcome Centre Shelter), Rio Anzolin (WRH), Holly Busi (HCC Ontario), Robert Cameron (RE:ACT), Holly Kettle (ESHC), Judy Lear-Zylstra (HDGH), Kimberly Mallais (House of Sophrosyne- Co-Chair), Kevin Matte (HDGH/CMHA), Lynn Mitchell (ESHC), Slav Pulcer(EWEMS), Theresa Sarkis (WECHU-Recorder), Selena Scebba (WECHU), Stacey Shepley (MHART), Ron Sheppard (WFHT)

**Regrets:** Alison Malott, Amy Visser (WECHC), Chris Thibert (Downtown Mission), Elizabeth Dulmage (Brentwood- Co-Chair), Erica Bassakos (HDGH), Jennifer Cline (LAW), Kamillo Lamosa (ESC), Kelsey Vasovski (AEGIS Health), Kristi Benjamin, Lori Pinksen (Salvation Army), Mack Park (UofW), Milvia Mendoza-Ramesar (Salvation Army), Patrick Kolowicz (HDGH), Silvana DeLorenzis (CMHA),

**Co-Chairs:** Elizabeth Dulmage and Kimberly Mallais

**Recorder:** Theresa Sarkis

		<i>Action Required</i>
1.0	<b>Welcome &amp; Introductions</b> Meeting called to order at 1:30 p.m.	
2.0	<b>Approval of Agenda</b> Agenda approved.	
3.0	<b>Review of Action Items from February 12<sup>th</sup>, 2024</b> <ul style="list-style-type: none"> <li>• Develop 2024 Project Proposal</li> </ul> <b>Approval of Minutes from February 12<sup>th</sup>, 2024</b> Minutes approved.	
4.0	<b>Meeting Goals</b> <ol style="list-style-type: none"> <li>1. Review and approve 2024 Project Proposal</li> </ol>	
5.0	<b>Project Updates</b> <b>Program and Service Inventory</b> <ul style="list-style-type: none"> <li>• 2024 Project Proposal, proposal shared and attached with meeting invite.</li> <li>• WECHU has posted a position to perform this work in project proposal.</li> </ul>	
6.0	<b>New Business</b> <b>EMS Buprenorphine Administration</b> <ul style="list-style-type: none"> <li>• A meeting was held last week with EMS, HDGH, and WECHU regarding Suboxone administration by paramedics.</li> <li>• January 2024 Federal legislation joined provincial legislation to allow EMS to administer Suboxone to those showing mild withdrawal symptoms that consent to the treatment.</li> </ul>	

	<ul style="list-style-type: none"> <li>• EMS will take care of clinical administration aspect, however a plan is needed for aftercare and transition. As well as resources available for after care and for anyone that may decline treatment.</li> <li>• Roll out is planned for July 1, 2024.</li> </ul> <p>Discussion regarding existing protocols after administration of Suboxone</p> <ul style="list-style-type: none"> <li>• In emergency room, if patient requires suboxone, it is ordered by the physician and patient is monitored for a few hours and discharged.</li> <li>• If a patient wants to detox they are connected with detox in Windsor or scan QR code with all community resources available.</li> <li>• Within RAAM protocol, patient is administered suboxone then seen in RAAM clinic within 72 hours. This is key to continue with withdrawal care.</li> <li>• There is a need for a plan for those that decline service as they would feel better at first administration of suboxone.</li> <li>• It would be key to do 2 things: <ul style="list-style-type: none"> <li>○ Referral to RAAM clinic</li> <li>○ Referral to community withdraw management</li> </ul> </li> <li>• Most services are part of Oceans e-referrals, however, need to be registered – currently EMS does not have the capability to refer to outside agencies.</li> <li>• The goal for this group would be to have information on what is available for clients not ready for suboxone - information card for patients about suboxone and where to access harm reduction services. These services should be free or OHIP covered as this is a huge barrier for patients.</li> <li>• Draft for this resource can be shared via email for review.</li> <li>• Also helpful for EMS is a flow chart of scenarios for care – HDGH has one used in emergency departments. Can be created by external group once pathways are determined.</li> </ul>	<p>Selena to have draft of resource completed and available to review</p>
<p>7.0</p>	<p><b>Community Agency Roundtable</b></p> <ul style="list-style-type: none"> <li>• WFHT has received some support to further develop the One Team Recovery program, which is an outpatient addiction support group. This will be targeted for the LGBTQ community, one for family and friends, and one will be for specifically for youth.</li> <li>• Welcome Centre getting Health Box with harm reduction materials.</li> </ul> <p><b>PAT Committee Update</b></p>	

	<ul style="list-style-type: none"> <li>• Next meeting July 18, details of time and location will be shared as it becomes available.</li> </ul>	
8.0	<p><b>WECOSS Pillar Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Enforcement &amp; Justice:</b> Beginning substance use workshops with justice professionals, like corrections officers and social workers. Looking to get connected with St. Clair for students in these professions to educate about stigma.</li> <li>• <b>Prevention &amp; Education:</b> Marketing campaign to promote the WECOSS and provide substance use education.</li> <li>• <b>Harm Reduction:</b> Overdose Prevention event to be hosted April 24<sup>th</sup> – first of four events in 2024. Planning on next one in June with downtown business owners</li> </ul>	
9.0	<p><b>Next Steps &amp; Recap of Action Items</b></p> <ul style="list-style-type: none"> <li>• Resource to be available for review to group to be ready ahead of roll out.</li> </ul>	
10.0	<p><b>Meeting Wrap up</b></p> <p><b>Adjournment: 2:51pm</b></p>	

**Next Meetings:**

- Monday, June 24<sup>th</sup>, 2024, 1:30pm – 3:30pm
- Monday, October 21<sup>st</sup>, 2024, 1:30pm – 3:30pm